RISEHOLME COLLEGE

Level 3 in Sport

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Subject	Level	Study Mode	Duration	Start Date
Sport	Level 3	Full-Time	2 years	September 2027

Practical vs Theory



50% 50%

The Course

This course provides an introduction to the sector for students looking to build a career in sport, in areas such as exercise and fitness, coaching and leadership, sports development, and the outdoors. All students will study the same BTEC Level 3 in Sport curriculum offer however, in bespoke Employability Sessions built into your timetable, you can specialise to gain an additional qualification in your chosen career pathway.

What You Will Study

Year 1

- Anatomy and Physiology
- Fitness Training and Programming
- Professional Development
- Sports Leadership
- Fitness Testing
- Performance Coaching
- Research methods

Year 2

- Psychology
- Practical Sports
- Sports Development
- Investigating Business
- Skill Acquisition
- Rules and Regulations
- Sports Massage

Entry Requirements

Four GCSEs at grade 4 or equivalent, including English and Maths. Preferably including a GCSE or Level 2 Qualification in Sport. A satisfactory reference is also needed.

Time Required on Campus

You will usually be on campus three days per week.

Work Experience

You will be expected to indpendrntly find a suitable one-week placement in the sports industry. Placements usually range from professional sports teams to national fitness organisations and local leisure centres and even into various roles across all industries where possible. We have a range of contacts that may assist you with your search.

How You're Assessed

You will be assessed using a variety of methods, including presentations, written reports, exams, role plays, voice recordings, video presentations, practical sessions, observations and posters.

Clothing, Equipment and Additional Costs

- Lever arch folder with dividers to organise your work and assignments.
- Stationery including notepad for use in class, pens and pencils.
- It is advised that you purchase sports kit for both indoor and outdoor activities. We have Errea college branded sports kit available to order if you wish. This is available to purchase via our online shop from induction week onwards.

Progression

Once you have successfully completed this course, you will be able to progress to further study the subject at degree level. Due to the varied and relevant content within the course students can go on to study various other courses at degree level. Alternative options include further qualifications, apprenticeships and full time employment.

Careers

Work as a sports coach, fitness instructor/personal trainer, sports development officer, event co-ordinator, sports masseuse, physiotherapy and many more career options to discover.

Financial Information

Find the full details of the fees associated with this programme and the financial support available on our https://www.bishopburton.ac.uk/degree-level-courses/information/fees-and-finance.

How to Apply

To apply, scan the QR code at the top of this page!